

# ANNUAL REPORT 2011-2012

# A Place for Change... Working together, Offering rays of hope, For children and families... Strengthening our community

In alignment with our mission statement, Lee County Youth Development Center holds core values which include:

- Building and valuing a committed, compassionate and enthusiastic team
- Honoring tradition while inviting and embracing diversity, change and growth
- Providing a comprehensive range of services designed to improve the quality of life for children, families and our community

#### **ADVISORY COMMITTEE**

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Jan Burke

Lee County Department of Human Resources

Honorable Mike Fellows
Lee County Family Court

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\* deceased













I am pleased to present our fiscal year 2012 annual report which reflects the work of our children, families, staff and partners over the past year. LCYDC continues to be an industry leader in providing safety, stability and enhancing the quality of life for many of those who receive our services.

We are fortunate to have earned the trust and confidence of our community, and in turn, this community, as well as our state partners, has continually invested in our operations. Have these dollars been invested wisely? Well, of course there is no way to put a price on work that makes fractured families whole or on services that move a floundering student from academic failure to graduation. And even in those cases where the outcome may not have achieved all that was hoped for, is there a price that can be placed on helping a psychologically volatile client find an island of calm in a life filled with chaos? LCYDC programs make an impactful difference in the lives of our clients and in the greater community and this is indeed a strong return on the investment.

Our goal for 2013 is to continue LCYDC's focus on our core belief that all human life has dignity and worth with children as our most precious commodity. We pledge to continue providing quality, person-centered services that meet the needs of our children, families, adult consumers and state and local agencies.

Laura J. Cooper, LBSW, M.Ed.

Laura J. Cooper, Executive Director





Dr. Anne Penney, Ed.D.

Serving as President of the LCYDC Board of Directors is a distinct privilege. My fellow Board colleagues and I get the opportunity to have both a bird's eye view of agency operations as well as occasional intimate glimpses into the lives, challenges and triumphs of both our staff and our consumers. This past year we were joined by an external national agency – the Council On Accreditation or COA – as they delved into the governance, ethics, service provision and ongoing quality improvement efforts of LCYDC. Following an exhaustive year-long self-study and site visit process, the Board of Directors was pleased, but not at all surprised, to learn that this agency had earned full COA reaccreditation through 2016.

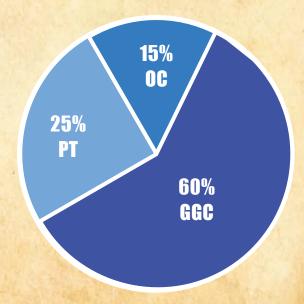
In this annual report you will see where our services touched the lives of thousands over this past year. What the numbers, charts, graphs and data will not adequately convey is the far-reaching effects that these services have throughout the community and indeed the state. As we prepare to commemorate our 40th anniversary during 2013 I am humbled by the vision of our founder's, the dedication of Mrs. Cooper and our employees, the resilience of our children, the strength of our families and the unfailing support from so many of you. Thank you for believing in this agency and for sharing in our mission.

Anne Penney, &d.D
Anne Penney, Board President

# Accounting Accounting

#### **REVENUE SOURCES**

|  | FISCAL YEAR 2012 |      |
|--|------------------|------|
| Government Grants and Contracts (GGC)                                | \$5,536,785      | 60%  |
| Property Taxes (PT)  | \$2,306,993      | 25%  |
| United Way Cities of Auburn and Opelika and Other Contributions (OC) | \$1,384,196      | 15%  |
| Total  | \$9,227,975      | 100% |



# CLUMMMMMM

# Revenue Sources

City of Auburn

City of Opelika

Interest Income

Lee County 1.5 Mil Ad Valorem Tax

Lee County United Way

Memorialo

Service Fees

State Department of Human Resources

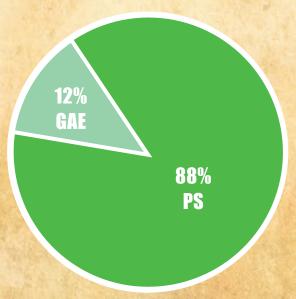
State Department of Education

State Department of Medicaid

State Department of Youth Services

LCYDC maintains its accounts and prepares financial statements on the accrual basis of accounting. Income is recognized in the period measurable rather than when collected and expenses are recognized in the period incurred, rather than when the obligation is paid.

The audit of LYCDC's financial records for fiscal year 2012 was conducted by Himmelwright, Huguley & Boles, LLC, Certified Public Accounting Firm; Opelika, Alabama in complete accordance with U.S. generally accepted auditing standards.



#### **Expense Sources**

|  | FISCAL YEAR 2012 |      |
|--|------------------|------|
| Program Services (PS)                      | \$8,199,763      | 88%  |
| General & Administration<br>Expenses (GAE) | \$1,041,787      | 12%  |
| Total                                      | \$9,241,550      | 100% |

# Overview

## **Outreach Services**

When a family unit is in crisis and the children's well-being is jeopardized, our Outreach Services programs provide services both locally and in our surrounding counties. Outreach also consists of a mentoring program, Project Uplift (PU), matching primarily Auburn University student volunteers with vulnerable pre-teens throughout the surrounding area who are in need of positive, enthusiastic mentors and role models. Each Outreach program has their own unique model to fit the needs of clients and referring agencies.

The Comprehensive Family Services (CFS), Continuum of Family Care (COFC), and East Alabama Family Outcome Centered Unification Services (FOCUS) programs focus on the preservation and reunification of families. CFS served a total of 54 families with an outcome of 81% successful preservations and 100% successful reunifications. COFC served fifteen families with 11 successful reunifications. FOCUS served a total of 109 families with an outcome of 90% successful reunifications and 91% family preservation. The Therapeutic Foster Care (TFC) program opened ten new foster homes. Fourteen children were successfully placed and reunified with families throughout the year and two of our clients were adopted. Project Uplift accepted ninety-two new clients during this fiscal year making the total number of clients 479 in all. Project Uplift's overall client satisfaction rating was 4.69 out of 5.

# Overall Satisfaction of Clients Served in Fiscal Year 2011-2012

| # of<br>Responses | Mean of Overall<br>Satisfaction<br>out of 5 |
|-------------------|---|
| 452               | 4.36  |
| 98                | 4.56  |
| 105               | 4.15  |
| 57                | 4.69  |
| 42                | 4.65  |
| .) 31             | 4.56  |
| 273               | 4.44  |
|                   | 452<br>98<br>105<br>57<br>42                |

# **Transitional Services**

Transitional Services provide a continuum of care for clients who may need intensive psycho/behavioral care to those older teens and young adults who are moving toward social independence.

The Intensive Journeys program successfully graduated fourteen residents throughout the year. The Moderate Passages program had twenty-two residents to successfully complete the program. The Transitional Living Program (TLP) had one resident to successfully graduate high school and enroll at a local university. Eighteen of the twenty-three TLP residents attended school and simultaneously maintained employment for at least 6 months or more. Six of the residents are registered to vote. Two of the residents were selected to attend NSEP (National Social Work Enrichment Program). The Independent Living Program (ILP) had two clients successfully maintain employment for the entire year and were also emancipated, as responsible, tax paying young adults.

# **Correctional Services**

Correctional Services includes the newly named Richard D. Lane Detention Center of East Alabama which received an overall satisfaction rating of 4.43 out of 5 during this fiscal year. Voyages and the B.E.A.M.S. (Behavior, Education, Attitude, Motivation & Success) programs are also included in the Correctional Services Department. Voyages, a comprehensive residential program for girls, received an overall satisfaction rating of 4.14 and BEAMS, a specialized community residential treatment program for girls, received and overall satisfaction rating of 4.10 out of 5. The Detention Center and Voyages programs were accredited in 2012 by the Council on Accreditation with ratings indicating full and substantial implementation towards the Juvenile Justice Center (JJC) and Residential Treatment (RTX) standards respectively. BEAMS will be a part of the next accreditation cycle in 2016.



# **Psychological Services**

When children must be removed from their home for their safety and well-being, and relatives are not able to care for them, they are placed with a foster family or in a group home for a temporary period. During this time, it is imperative the child is provided psychosocial treatment and support, and that permanency planning remains front and center. Our Psychological Services teams provide the necessary clinical support and intervention that allows our programs to serve and maintain clients we might not otherwise.

Psychological Services began reviewing and evaluating our Behavior Management Program as it relates to trauma issues with our consumers in all of our residential care divisions. The vast majority of the children and adolescents served at LCYDC have significant trauma concerns. We are also making positive improvements as to how we identify and implement psychological gains with residents who have been victims of a variety of types and/or causes of trauma manifestations from physical, mental or sexual abuse to natural disasters and the effects of war. It is the mission of LCYDC to directly enhance our ability to help at-risk individuals both in our care and our employees whom are greatly affected by the symptoms resulting from trauma due to primary or secondary exposure.

#### **Professional Development**

During FY 2013, our Professional Development Department offered in-service training opportunities on topics ranging from safety awareness and prevention to helping teens cope with abuse. Our goal is to provide agency employees the information and tools needed to be effective in their varied professions. We are pleased to assist our employees in remaining current with emerging client-care practices.



### **Transparenting**

TransParenting is a Families First certified program which, in 1993, became a mandated requirement by the Lee County Family Court for divorcing parents of children (18-years old and younger) in Lee County. This educational seminar provides an interactive, informative workshop to divorcing parents as a means to assist children and families as they transition. This seminar received an overall rating of 4.44 out of 5 during this fiscal period.

#### **Psychological Services**

Clients receiving Therapy 40

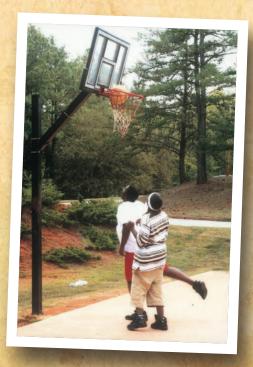
Clients receiving Assessment 76

# Overview

## **Educational Services**

Through long-term partnerships with local school systems and the State Department of Education, the Chanticleer Learning Center (CLC) is able to service approximately 650 students each year. CLC provides six self-contained classrooms (Journeys, Passages, Detention, Voyages, BEAMS and the Chanticleer Alternative Day School) designed to meet the unique styles of 21st Century learners. Each CLC student receives individualized instruction from State Certified teachers as well as assistant teachers. CLC also boasts a terrific Art and Fitness Center designed to strengthen the body and elevate the soul.

During the past fiscal year, CLC implemented new projects such as the 'Anti-Bullying Campaign', drug abuse curriculum taught quarterly and a year-round recycling program to help our students understand the effects recycling has on the betterment of the environment. The CLC students recovered 43 Carnegie Unit Credits via the web-based PLATO Learning System. At LCYDC all roads lead to and through education.



#### **Abstinence Educational Program**

The Abstinence program is a multi-component, interactive curriculum advocating sexual, alcohol and tobacco abstinence presented to teens in 7th through 10th grades that are enrolled in Opelika and Auburn City school systems. This program serviced approximately 1,921 students this past fiscal year. According to data collected at the end of the program, 45% of the students enjoyed the games, interactive activities and incentives, 55% of the students enjoyed the interaction with instructor, 90 % responded 'yes' to the abstinence education being taught each year and 90% suggest the program start at 6th grade and 10% suggest the program starting earlier.

### Home Alone Safety Program

The Home Alone Program is a five-part home-alone and latchkey safety curriculum offered to 4th graders in Lee County, Opelika City and Auburn City school systems. This program serviced approximately 702 students with ages ranging from 9-10 years of age this past fiscal year.

The Home Alone Safety Program's pre and post-test survey results showed an increased knowledge in all measured results. These results were increase in knowledge of safety awareness, decision making skills, as well as important home rules.

#### **Number of Clients Served**

Total # of Lee County Clients Served (LC) 3,341

Total # of Other County Clients Served (OC) 819

4,160 Individuals Impacted
through services provided by LCYDC from October 1, 2011 - September 30, 2012

| Abstinence Education<br>Program     | 1,921 | COFC           | 16  |
|-------------------------------------|-------|----------------|-----|
| Home Alone Safety                   | 702   | TFC            | 24  |
| R.D. Lane Regional                  |       | CFS            | 43  |
| Detention Center<br>of East Alabama | 399   | Journeys       | 69  |
| Voyages                             | 56    | Passages       | 36  |
| BEAMS                               | 35    | TLP            | 13  |
| FOCUS                               | 119   | ILÞ            | 2   |
| Proj <mark>e</mark> ct Uplift       | 479   | TransParenting | 246 |
|                                     |       |                |     |







Founders Mrs. Cecil D. Moreman\* Mrs. Jane C. Walker\*

\*deceased



1973 - 2013

Celebrating 40 Years of Caring Excellence